

St. Michael Life Teen Four Year Curriculum

The Four Year Life Night curriculum follows the structure of the Catechism of the Catholic Church which presents the Catholic Faith in four sections:

- I. The Profession of Faith – *What we believe*
- II. The Celebration of Christian Mystery – *How we celebrate what we believe*
- III. A Life in Christ – Christian Morality – *How we live what we believe*
- IV. Christian Prayer – *How we encounter what we believe*

Year I

The Profession of Faith & Discipleship

Topics include: The Creed, God the Father, Jesus Christ, the Paschal Mystery, Redemption, the Holy Spirit, Mary, Communion of Saints, Heaven/Hell/Purgatory, redemption, forgiveness, ownership of faith, saints & martyrs, community, commitment, etc.

Year II:

Fall – Relationships

All relationships: relationship with God, with self, and with others. Topics include friendship, relationship with parents, conflict resolution, and communication.

Spring – Mass and Sacraments

Topics include: Understanding the Sacraments, Baptism, Confirmation, Eucharist, the Mass, etc.

Year III

Morality

Topics include: Truth, Sin, Grace, Conscience, the Commandments, Sexual teachings of the Church, etc.

Year IV

Fall – The Bible

Topics include: the Bible as the Living Word of God, where we got the Bible, Interpreting the Bible, Salvation History, the Old Testament, the New Testament, the Gospels, etc.

Spring – Social Justice & Prayer

These Life Nights call the teens to **ACTIVATE** their faith as they learn about the call of Jesus to serve those in need, how to pray, forms of prayer, etc.

While we have an educational theme for each year, we regularly mix in social events for building fellowship and issue nights that address current issues that teenagers are facing. Whatever the theme, every night is dynamic and relevant to the lives of high school teenagers!