

SMACT 2ND YEAR CONFIRMATION PACKET 2017-2018

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REPLACEMENT PAPER COPY

PACKETS \$5 EACH

**PDF PACKET AVAILABLE FREE ONLINE AT
WWW.SMLIFETEEN.COM**

SMACT 2ND YEAR CONFIRMATION PACKET

Dear Confirmation Candidate,

Welcome to SMACT (St. Michael the Archangel Confirmation Teens ministry)! This will prepare you to receive your last sacrament of initiation – Confirmation. We are very excited that you have chosen to prepare to receive this sacrament! We pray this time of preparation will be a time of spiritual growth as well as a lot of fun.

According to the Catechism of the Catholic Church, **“Preparation for confirmation should aim at leading the Christian toward a more intimate union with Christ and a more lively familiarity with the Holy Spirit...To this end, catechesis [preparation] for Confirmation should strive to awaken a sense of belonging to the Church of Jesus Christ, the universal Church as well as the parish community.” (CCC 1309)**

Our goal is to be true to this statement of preparation for Confirmation, as our meetings will not cover everything there is to know about the Catholic Church. Instead it is our goal to build upon what you have been learning from your parents, through involvement with religious education throughout your life, and through the ministries here at St. Michael. It is our hope that at the end of this program you will know more about your faith, feel a sense of belonging in the Church, and be closer to Christ.

Receiving the Sacrament of Confirmation will complete your Sacraments of Initiation (Baptism, Eucharist, and Confirmation) but is far from the end of your spiritual growth. We hope you will not approach this time as the “last thing” you need to do in your faith, but another step as you continue to grow and go deeper into the beauty of the Catholic Church and the love of Christ. May God bless you during this time of preparation!

Richard Sesbino & Tiffany Vu
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SMACT 2ND YEAR CONFIRMATION PACKET

DEADLINES & EVENTS

Sep. 6 (Wed)	1st & 2nd year SMACT orientation 6:30pm Curran Hall/ Class Rooms	Mar. 7 (Wed)	Service Project 1 & 2 Forms & Service Hours Log Due
Sep. 13 (Wed)	First Day of Class 6:30pm Curran Hall/ Class Rooms	May 2 (Wed)	Confirmation Rehearsal 6:30pm Sanctuary +Student and Sponsor required to attend. If a proxy is needed, please make sure to tell the Confirmation Coordinator.
Oct. 18 (Wed)	Bishop Letter Due	May 3 (Thurs)	Confirmation Mass 6:30PM Sanctuary Student and Sponsor need to be present AT LEAST 30mins prior for final practice/placement. Photographer will be available.
Dec. 6 (Wed)	Retreat Form and Fee Due +This is a <u>required</u> retreat to be Confirmed. Late registration fee will be added for the retreat after this date. <u>No more forms will be accepted after Jan. 10, 2018,</u>	May 9 (Wed)	Last Day of Class & Confirmation Certificate Pick-Up 6:30PM Curran Hall
Jan.26-28 (Fri-Sun)	Confirmation Retreat 2nd Year Confirmation Students Only +Teens must eat dinner before arrival.		

**PLEASE KEEP A COPY OF
ALL DOCUMENTS SUBMITTED!**

SMACT 2ND YEAR CONFIRMATION PACKET

2017-2018 REQUIRED SACRAMENT PARENT MEETING SCHEDULE

2nd YEAR PARENTS ARE REQUIRED TO ATTEND ALL WORKSHOPS BELOW.

CHOOSE ONE of the two/three options in each workshop that best fits your schedule.

PARENT WORKSHOP #1

Oct. 15 (Sun) or	Confirmation Parent Workshop #1 Time: 11:00 am	8 th -12 th grade parents Where: Youth Room (subject to change)
Oct. 16 (Mon)	Confirmation Parent Workshop #1 Time: 6:30 pm	8 th -12 th grade parents Where: Youth Room (subject to change)

PARENT WORKSHOP #2

Nov. 12 (Sun) or	Confirmation Parent Workshop #2 Time: 11:00 am	8 th -12 th grade parents Where: Youth Room (subject to change)
Nov. 13 (Mon) or	Confirmation Parent Workshop #2 Time: 6:30 pm	8 th -12 th grade parents Where: Youth Room (subject to change)
Nov. 15 (Wed)	Confirmation Parent Workshop #2 Time: 6:30 pm	8 th -12 th grade parents Where: Room 110-120 (subject to change)

PARENT WORKSHOP #3

Jan 21 (Sun) or	Confirmation Parent Workshop #3 Time: 11:00 am	8 th -12 th grade parents Where: Youth Room (subject to change)
Jan 22 (Mon) or	Confirmation Parent Workshop #3 Time: 6:30 pm	8 th -12 th grade parents Where: Youth Room (subject to change)
Jan 24 (Wed)	Confirmation Parent Workshop #3 Time: 6:30 pm	8 th -12 th grade parents Where: Room 110-120 (subject to change)

PARENT WORKSHOP #4

Feb. 11 (Sun) or	Confirmation Parent Workshop #4 Time: 11:00 am	8 th -12 th grade parents Where: Youth Room (subject to change)
Feb. 12 (Mon)	Confirmation Parent Workshop #4 Time: 6:30 pm	8 th -12 th grade parents Where: Youth Room (subject to change)

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ADDITIONAL OPTIONAL PARENT MEETINGS

SMACT 2ND YEAR PARENTS YOU ARE INVITED TO ATTEND
ADDITIONAL SUPPLEMENT PARENT MEETINGS BELOW.

These are purely for your own benefit and spiritual growth. In these meetings, we will get to discuss different elements of our faith and how we can apply them to our lives as parents. These meetings, unlike the other required parent workshops, will be more focused on you and your walk with your child as he/she prepares for Confirmation.

At each meeting, light snacks/refreshments will be provided along with a few minutes to visit with other parents. Then we'll have a particular presentation on a given topic followed by large group discussion. Then you will have the opportunity to gather with all the students in Curran Hall and join everyone in a large group activity, listen to an amazing testimony by a youth or adult leader, and pray with us to close the night.

MEETING DATES:

October 4, 2017

February 21, 2018

December 6, 2017

April 4, 2018

INCENTIVES:

Event Discounts, Raffle Prizes, etc.

SMACT 2ND YEAR CONFIRMATION PACKET

ATTENDANCE POLICY

➤ **REQUIREMENTS**

- Class attendance is **required**.
- **Only 3 classes can be missed for the whole year, otherwise Confirmation date MAY BE DELAYED.**
- **Three(3) tardies = one absence.**
- If teen **absolutely has to miss a class**, the teen must contact the SMACT Coordinator for makeup assignment.

➤ **MASS ATTENDANCE**

- **Mass attendance is a non-negotiable requirement.** Illness is a legitimate excuse.
- **A mass attendance binder will be placed by the East Door Entrance. Please initial by your name under the respective Sunday date.**
- If you do not attend a St. Michael's Mass you will need to provide a bulletin from the church that you attended with the current Sunday date on the calendar.

➤ **RETREAT ATTENDANCE**

- The hope is that all candidates can attend the St. Michael Confirmation Retreat. If it is not possible, the candidate may attend another Confirmation Retreat at another church – **it will be the candidate and/or the parents' responsibility to find another retreat.** If you have a conflict with the Retreat, please let the coordinator know.

➤ **EMERGENCY CANCELLATION OF CLASSES DUE TO WEATHER**

- Emergency text will be sent – ARE YOU REGISTERED FOR **REMIND** text service? If not, see below:

**TEXT “@2SMACT” TO
PHONE NUMBER 81010**

SMACT 2ND YEAR CONFIRMATION PACKET

JOURNALING POLICY

*Journals are meant to reinforce lessons
and ensure comprehension*

➤ **WEEKLY EXPECTATIONS**

- Students must bring journals to every class (unless noted)
- Students can use journals for taking supplemental notes during presentations/lessons
- At the end of class, students will receive a slip containing the weekly journal entry & announcements
 - Students will answer the question/prompt in 5 to 7 sentences
 - Students welcome to write beyond that and offer additional thoughts/insights

➤ **PERIODIC REVIEWS**

- Throughout the year, we will collect journals and review each entry and offer comments & feedback. If needed, student may be asked to re-do a journal entry.

➤ **WHAT'S THE PURPOSE?**

- Help each student collect their thoughts and express them
- Help Confirmation Coordinators to ensure the students are in fact learning and comprehending
- Give opportunity for students to reflect on their own personal and spiritual growth

SMACT 2ND YEAR CONFIRMATION PACKET

COMMUNITY SERVICE REQUIREMENT

The community service requirement must be fulfilled through participation in **20 hours total – must have at least TWO service projects in your log among the total hours.** Service hours can be done at St. Michael or outside. A true spirit of service is not just about accumulating a certain number of service hours or completing a certain number of projects, but instead is about the desire to help others. *Parents are encouraged to participate in service activities!*

The requirements are as follows:

- A service project is simply a project that benefits others in the church or community. **Service Projects should last at least 3 hours or more.** Examples include playing an active role in the Mass such as being an altar server, usher, lector; being a Sunday school aide; volunteering for parish events like St. Michael's Feast Day, Hike for Life, Vacation Bible School, Mission Possible, Special Olympics; helping with the food bank; etc. **A service project is something that involves a time commitment and significant investment of yourself.**
- Service Projects you help within the summer and fall semester can be used to meet this requirement.
- After completing a service project please fill out the Service Project form and turn it in. Even if you do a project sponsored by St. Michael, please still fill out and turn in the service project form so your file is complete.
- There will be a variety of service project opportunities announced throughout the year through the church bulletin, the SMACT, and other means of communication. You can always find service project opportunities on your own as well.

**ALL SERVICE HOURS AND PROJECTS
DUE MARCH 7, 2018**

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APPROVED SERVICE PROJECT EXAMPLES

- St. Michael's Feast Day – **September 23**
- Hike 4 Life - **October 14**
 - Visit www.hikeforlifetexas.org for more info.
- 40 Days for Life Activities – **various dates**
 - Visit www.prolifedallas.org
- Halloween Carnival - **October 28**
 - Contact Diane Salazar
 - Parents can earn extra hours for their child by volunteering for Trunk or Treat and/or donating candy (up to 3 hrs)
- Habitat for Humanity
 - 972-272-8530 and www.garlandhfh.org
- St. Michael Food Pantry (good for school holidays & breaks!)
 - Monday thru Saturday from 9am-11:30am
- Altar Society Seasonal Church Clean Up – **dates TBA**
 - Cleanup the church in preparation for Christmas and Easter
- Living Stations of the Cross – **April 30, 2018**
 - 7th grade can do this to start working on next year's service projects/hours
 - Rehearsal dates TBA. Live Presentation on Good Friday
 - Live Presentation – **Good Friday, April 30, 2018**

Please note that volunteer hours that you do at school already will not count toward your service projects and hours. No double dipping of hours will be accepted.

****Other opportunities will be announced throughout the year****

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CONFIRMATION "LETTER TO BISHOP" FORMAT

Another part of the Confirmation process is to write a letter to the Bishop who administers the Sacrament. In this letter, you express something about yourself and what you have done to prepare to receive this Sacrament.

The letter should be typed.

Font: Times New Roman, Font Size: 12, double spaced, 1-2 pages long

DUE: OCTOBER 18, 2017

Confirmation Letter Template

Date _____

Your Excellency,

My name is _____. I want to be confirmed at St. Michael the Archangel Catholic Church in Garland, Texas. I ask for Confirmation because (one paragraph with minimum three (3) sentences)_____.

In order to prepare for Confirmation, I have _____ (studied, attended classes, prayed, service projects, special activities, etc.) (one paragraph with minimum three (3) sentences)_____.

For my Confirmation Saint, I selected _____. I chose this Saint because (one paragraph with minimum three (3) sentences)_____.

I selected _____ to be my sponsor because (one paragraph with minimum three (3) sentences)_____.

NOTE: THIS IS A SAMPLE TEMPLATE, YOU CAN INCLUDE ANYTHING ELSE YOU WISH IN YOUR LETTER.

Sincerely,

YOUR SIGNATURE (FIRST & LAST)

YOUR NAME TYPED (FIRST & LAST)

**CONFIRMATION
INTERVIEW REVIEW
PREPARATION
MATERIAL**

SMACT 2ND YEAR CONFIRMATION PACKET

Sign of the Cross:

Sign of the Cross:

In the name of the Father, and of the Son,
and of the Holy Spirit, Amen

The Our Father or Lord's Prayer:

Our Father, who art in heaven,
Hallowed be thy name;
Thy kingdom come;
Thy will be done on earth
as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against
us;
and lead us not into temptation,
but deliver us from evil. Amen

Hail Mary:

Hail Mary, full of grace,
The Lord is with you.
Blessed are you among women,
And blessed is the fruit of your womb,
Jesus.
Holy Mary, Mother of God,
Pray for us sinners,
Now and at the hour of our Death. Amen.

Glory Be:

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
as it was in the beginning,
is now and ever shall be,
world without end. Amen.

Grace Before Meals:

Bless us O Lord, and these Thy gifts,
which we are about to receive, from your
bounty through Christ, Our Lord. Amen

Seven Sacraments:

(Signs and celebrations given by
Jesus, to give grace).

- 1. Baptism** – You become one of God's own children and washed of Original Sin.
- 2. Confirmation** – You receive the gift of the Holy Spirit
- 3. Eucharist** – You receive the Body and Blood of Jesus
- 4. Reconciliation** – The priest gives you God's forgiveness, pardon, and peace.
- 5. Anointing of the Sick** – The priest blesses those who are sick and marks them with holy oil.
- 6. Marriage** – A man and woman promise to love each other, to be together always, and to raise their children in God's love.
- 7. Holy Orders** – The Church ordains bishops, priests and deacons

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Ten Commandments:

(Learn in order, as written)

1. I am the Lord, your God. You shall not have strange gods before me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet anything that belongs to your neighbor.

Act of Contrition:

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong
and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help
to do penance
to sin no more,
and to avoid whatever leads me to sin.

Our savior Jesus Christ
Suffered and died for us.
In His name, my God, have mercy. Amen.

The Apostle's Creed:

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord: Who was conceived by the Holy Spirit, born of the Virgin Mary; suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He rose again from the dead; He ascended into heaven, is seated at the right hand of God the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Prayer to Saint Michael:

St. Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray. And do thou, O Prince of the Heavenly Host, cast into hell, Satan, and all the evil spirits that roam about the world seeking the ruin of souls. Amen.

The Corporal Works of Mercy

- Feeding the Poor
- Giving drink to the thirsty
- Clothing the naked
- Sheltering the homeless
- Visiting the sick
- Visiting the imprisoned
- Burying the dead

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The Spiritual Works of Mercy

- Counseling the doubtful
- Instructing the ignorant
- Admonishing sinners
- Comforting the afflicted
- Forgiving offenses
- Bearing wrongs patiently
- Praying for the living and the dead

The Precepts or Laws of the Church

1. You shall attend Mass on Sundays and Holy Days of Obligation, and rest from servile work.
2. You shall confess your sins at least once a year.
3. You shall receive the Eucharist at least once during Easter Season.
4. You shall observe the days of fasting and abstinence established by the Church.
5. You shall help provide for the needs of the Church.

Gifts of the Holy Spirit

Wisdom	Knowledge
Understanding	Piety
Counsel	Fear of the Lord
Fortitude	

Fruits of the Holy Spirit

Love	Faithfulness
Joy	Gentleness
Peace	Self-Control
Patience	Modesty
Kindness	Chastity
Goodness	Generosity

Theological Virtues

Faith	Hope	Charity (or Love)
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Cardinal Virtues

Prudence	Justice
Fortitude	Temperance

Capital Sins Virtue

Pride	Humility
Covetousness	Generosity
Lust	Chastity
Anger	Meekness
Gluttony	Temperance
Envy	Brotherly Love
Sloth	Diligence

Mysteries of the Rosary

Joyful Mysteries

- The Annunciation
- The Visitation
- The Birth of Our Lord
- The Presentation
- The Finding in the Temple

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Luminous Mysteries

- The Baptism of Christ in Jordan
- The Wedding at Cana
- The Proclamation of the Kingdom of God
- The Transfiguration
- The Institution of the Eucharist

Sorrowful Mysteries

- The Agony in the Garden
- The Scourging at the Pillar
- The Crowning of Thorns
- The Carrying of the Cross
- The Crucifixion

Glorious Mysteries

- The Resurrection
- The Ascension
- The Descent of the Holy Spirit
- The Assumption
- The Crowning of Mary, Queen of Heaven

Pray the Rosary

1. While holding the crucifix, make the Sign of the Cross, and then recite the Apostles Creed.

2. Recite the Our Father on the first large bead.

3. Recite a Hail Mary on each of the three small beads.

4. On the large bead, recite the Glory Be to the Father, the Fatima Prayer "O my Jesus", then announce the first mystery for the current day and recite the Our Father.

5. On each of the following ten small beads (also referred to as a decade) recite a Hail Mary while reflecting on the first mystery.

6. On the next large bead, recite the Glory Be to the Father, the Fatima prayer, announce the next mystery, and an Our Father.

7. Repeat this sequence for each of the following decades (Glory Be, Fatima Prayer, recalling the appropriate mystery, reciting the Our Father, and ten Hail Marys) while meditating on the mystery.

8. After the fifth mystery is completed, the Rosary is usually ends with the Hail Holy Queen, and the Sign of the Cross.

Hail Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this Valley of Tears. Turn then, O Most Gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus.

O Clement, O loving, O sweet Virgin Mary

V. Pray for us, O Holy Mother of God,

R. That we may be made worthy of the promises of Christ.



SMACT 2ND YEAR CONFIRMATION PACKET

1. Name a Holy Day of Obligation

Jan 1-Mary Mother of God

Aug 15-Assumption

Nov 1-All Saints

Dec 8-Immaculate Conception

Dec 25-Christmas

2. What is Grace?

God's Life in us

3. What is the Holy Trinity?

Father, Son, Holy Spirit

4. Is Jesus God? Yes

5. Is the Holy Spirit God? Yes

6. What is Original Sin?

First sin committed by Adam and Eve

7. What does Baptism do for us?

Removes Original Sin, makes us adopted children of God

8. What is Mortal Sin? Example?

A grave sin-can only be forgiven thru Confession

9. What is Venial Sin? Example?

A lesser sin-can be forgiven through Communion in the State of Grace

10. What is the Assumption?

Mary was assumed or taken into heaven by God

11. What is the Ascension?

Jesus' ascension or going up into heaven by His own power

12. What is an indulgence?

A way provided by the Church for a sinner to get rid of debt due sin

13. Discuss the Final Things-what happens at our death?

We have our Particular Judgment. We will go to Heaven or Hell. We may go to Purgatory before Heaven

14. What is purgatory?

It is a state or condition after death in which those suffer for a time who die guilty of venial sins, or without having satisfied for the punishment due to their sins.

15. What is Advent?

Season of 4 weeks of preparation and waiting before Christmas

16. What is Lent?

Season of 6 weeks preparation before Easter

17. What happened on Holy Thursday?

Last Supper: Institution of Priesthood & Eucharist

18. What happened on Good Friday?

Jesus was crucified, fulfilling the Passover, opening the gates of heaven

19. What is Holy Saturday?

Easter Vigil, the Jewish Sabbath, the day Jesus rested in his grave

20. What is Easter Sunday?

Day Jesus rose from the dead

21. What are the "gifts" being brought up during the Offertory of the Mass?

Bread, Wine, Collection basket

22. What happens to the bread & wine during the Consecration when the Priest says: "This is My Body....This is My Blood"?

They become the Body and Blood, Soul and Divinity of Jesus Christ

23. Who do you receive when you receive Holy Communion?

Jesus -His body, blood, soul and divinity

24. Name the current Bishop of Diocese of Dallas

Bishop Edward Burns

25. Name the Pope

Pope Francis

SMACT 2ND YEAR CONFIRMATION PACKET

CONFIRMATION PAPERWORK

Please put in a very safe place.

Turn these in as you complete each requirement!

DON'T FORGET:

Bishop Letter

DUE: OCTOBER 18, 2017

Service Projects/Hours

DUE: MARCH 7, 2018

PDF Packet available free online at

www.smlifeteen.com

SMACT 2ND YEAR CONFIRMATION PACKET

1ST SERVICE PROJECT FORM

DUE MARCH 7, 2018

Name _____

Date _____

Location of project: _____

Description of service project (*50 words or more, must be in complete sentences*):

What most impacted you about this project (*50 words or more, must be in complete sentences*):

Signature of Supervisor: _____

SMACT 2ND YEAR CONFIRMATION PACKET

2ND SERVICE PROJECT FORM

DUE MARCH 7, 2018

Name _____

Date _____

Location of project: _____

Description of service project (*50 words or more, must be in complete sentences*):

What most impacted you about this project (*50 words or more, must be in complete sentences*):

Signature of Supervisor: _____

SMACT 2ND YEAR CONFIRMATION PACKET

COMMUNITY SERVICE HOURS

DUE MARCH 7, 2018

Student Name: _____

Each Confirmation Participant is required to do complete a total of 20 Service Hours (combination of one Service Project and Community/Spiritual Service hours)

<u>Date</u>	<u>Service</u>	<u>Hours Completed</u>	<u>Signature & Contact number</u>

EXAMPLES of Different Types of Service Hours

Community

- Local Food Pantry
- Visitation to Local Nursing Home
- Attend any Pro-life Activities
- Volunteer to help at scheduled Church Clean Up days
- Various on-site Parish Events (ex. St. Michael's Feast Day)

Faith Formation Program

- Teachers Assistant for Pre-K to 6th Grade
- Office Aide
- Vacation Bible School Volunteer

Spiritual Service Hours

- High School Ministry - 6pm-8:30pm Sundays (up to 5 hrs)
- Stations of the Cross during Lent
- Advent/Lenten Mission Days (except Wednesday)
- Adoration in the Chapel